

Content of N1 Bulletin, 2016

✚ REGULATORY NEWS

- **ORAL IBUPROFEN**
Risk of serious heart and stroke adverse events at high doses
- **HYDROXYETHYL STARCH INTRAVENOUS INFUSIONS**
Contraindications and warnings
- **ORAL DICLOFENAC**
No longer available without prescription
- **VALPROATE-CONTAINING MEDICINES**
Further restriction of the valproate use in women and girls

✚ DRUGS SAFETY

- **COTRIMOXAZOLE: FATAL THROMBOCYTOPENIA**
Hypersensitivity
- **OLANZAPINE PAMOATE**
Deaths associated with the injectable schizophrenia drug
- **HYDROGEN PEROXIDE**
Risk of gas embolism
- **VASCULAR ENDOTHELIAL GROWTH FACTOR INHIBITORS**
Thrombotic microangiopathy
- **TOPIRAMATE: VISUAL FIELD DEFECTS**
Regular warning is needed
- **STRONGER EVIDENCE FOUND FOR LINK BETWEEN PRENATAL EXPOSURE TO PARACETAMOL AND THE RISK OF DEVELOPING ASTHMA**
- **MISOPROSTOL: SERIOUS CARDIOVASCULAR EVENTS, EVEN AFTER A SINGLE DOSE**
- **ACUTE KIDNEY INJURY DUE TO DRUG-INDUCED HYPERSENSITIVITY**
- **COTRIMOXAZOLE + ACE INHIBITOR OR ARB: SUDDEN DEATH**
Hyperkalaemia

✚ THE INTERESTING FACTS

- **ANTIOXIDANTS MAY PROMOTE METASTASIS IN MELANOMA**
Roxanne Nelson
- **NEW 10-MINUTE TEST FOR CANCER DEVELOPED BY SCIENTISTS**
- **CANCER «VACCINE» THAT REMEMBERS DISEASE AND FIGHTS IT YEARS LATER IS DEVELOPED BY SCIENTISTS**
- **ZIKA VIRUS**
- **CDC ISSUES GUIDELINES FOR ZIKA VIRUS IN PREGNANCY**

✚ EVIDENCE BASED MEDICINES

- **ISCHAEMIC STROKE: DECIDE RAPIDLY**
- **BETAHISTINE: HALLUCINATIONS?**
This drug should not be used
- **OMALIZUMAB AND CHRONIC URTICARIA**
Too many adverse effects and uncertainties
- **GREEN TEA LEAF EXTRACT**
An aggressive topical treatment for anogenital warts
- **AMBROXOL, BROMHEXINE: ANAPHYLACTIC REACTIONS**
Unfavourable harm-benefit balance

✚ PRACTICAL RECOMMENDATIONS

- **PROPRANOLOL AND SEVERE INFANTILE HAEMANGIOMAS**
The drug of first choice